



1 Peter

1 Peter 5:8 ^{NIV}

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.



1 Peter 5:6-14



The Exile's Resistance

THE EXILE'S RESISTANCE

1 Peter 5:6-14

Understand the Enemy
Understand the Symptoms
Understand the Cure



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1 Peter 5:6-14

Genesis 3:1 ^{NIV}

Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?"



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1 Peter 5:6-14

Genesis 3:4-5 ^{NIV}

“You will not certainly die,” the serpent said to the woman. ⁵ “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”



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1 Peter 5:6-14

Jeremiah 2:13 ^{NIV}

“My people have committed two sins:
They have forsaken me,
the spring of living water,
and have dug their own cisterns,
broken cisterns that cannot hold water.”



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Revelation 12:9 ^{NIV}

The great dragon was hurled down—that ancient serpent called the devil, or Satan, who leads the whole world astray. He was hurled to the earth, and his angels with him.



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Ephesians 6:10-12 ^{NIV}

Finally, be strong in the Lord and in his mighty power.
¹¹ Put on the full armor of God, so that you can take your stand against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

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1 Peter 5:6-14

1 Peter 5:6-7 ^{NIV}

Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.⁷ Cast all your anxiety on him because he cares for you.

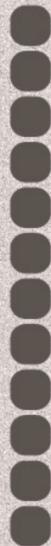


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1 Peter 5:6-14

Diagnostic Scan

- 1) You fight for your position



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1 Peter 5:6-14

1 Peter 5:6-7 NASB1995

Therefore humble yourselves under the mighty hand of God,
that He may exalt you at the proper time,
7 casting all your anxiety on Him,
because He cares for you.



help me with anxiety



Home remedies

Antidepressants

Images

At night

Pressure points

Bible verse

Rela

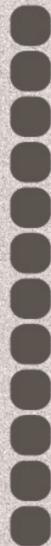
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1 Peter 5:6-14

Mark 4:18-19 ^{NIV}

Still others, like seed sown among thorns, hear the word; ¹⁹ but the **worries** of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful.



“The negotiation between product and consumer is ultimately predicated on the fact that the desire for consumption never seems to be met by the act of possession. The consumer society really does present persons whose being is in their becoming, constantly looking to that next thing that will bring about that elusive personal wholeness.”

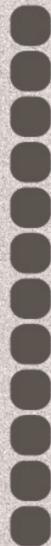
- **Carl Trueman**, *The Rise and Triumph of the Modern Self*

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Diagnostic Scan

- 1) You fight for your position
- 2) You worry over desires that are misplaced



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1 Peter 5:6-14

1 Peter 5:8a; 9 ^{NIV}

Be alert and of sober mind... ⁹ Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.



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1 Peter 5:6-14

Diagnostic Scan

- 1) You fight for your position
- 2) You worry over desires that are misplaced
- 3) You have not disciplined spiritual grit



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1 Peter 5:9 ^{NIV}

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Diagnostic Scan

- 1) You fight for your position
- 2) You worry over desires that are misplaced
- 3) You have not disciplined spiritual grit
- 4) You feel like you're the only one

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1 Peter 5:6-14

1 Peter 5:10-11 ^{NIV}

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. ¹¹ To him be the power for ever and ever. Amen.

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1 Peter 5:6-14

Diagnostic Scan

- 1) You fight for your position
- 2) You worry over desires that are misplaced
- 3) You have not disciplined spiritual grit
- 4) You feel like you're the only one
- 5) You take your eyes off Jesus and his promises

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- 3) You have not disciplined spiritual grit
- 4) You feel like you're the only one
- 5) You take your eyes off Jesus and his promises
- 6) Your praise has gone stale

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Colossians 2:13-15 ^{NIV}

When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, ¹⁴ having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. ¹⁵ And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.



“The cross is the place where the decisive battle between Christ and sin took place, where the powers of Satan brought all their strength to the attack, and where they were defeated. It is the place where the wages of sin were accepted on behalf of the whole human race.”

- **Lesslie Newbigin**, *Sin and Salvation*